

GENERALIST COUNSELLING SERVICE



TIME

Counselling appointments are available Mon-Thu.

COST

\$25.00 per session, or \$10.00 for students, pension/benefit card holders. If you are unable to pay a fee this can be discussed with Sue during the intake session.

VENUE

Central West Women's Health Centre
20 William Street
Bathurst

TO MAKE AN APPOINTMENT:

Contact reception on:

T: 6331 4133

E: information@cwwhc.org.au

If you require childcare please discuss with us

Supported with funding from
NSW Ministry of Health
(WLHD)

Generalist counselling is available for women experiencing a range of issues including sexual assault, domestic/family violence, adult survivors of childhood abuse/sexual assault, depression, anxiety, grief/loss, relationship issues, being a carer, disability, self-esteem, identity, isolation and reproductive health.

Our Generalist Counsellor, Sue Wesson, has a diploma of



transpersonal counselling and is a qualified member of The Australian Association of Holistic and Transpersonal Counsellors Inc. Members of the Association employ therapeutic methods that address our human potential for healing and integration on multiple levels.

These include the mental, emotional, embodied, social, cultural and spiritual dimensions of our lived experience. These methods establish a therapeutic relationship in which clients are empowered to utilise their own intuitive knowledge to regulate both the pace and direction of healing.

Sue brings to our team a wealth of varied experience with a bachelor of science, a masters of environmental science and a doctor of philosophy.

Sue has worked with Aboriginal clients in Cape York, new migrants in Geelong, young people experiencing substance abuse, travelled extensively and published many books and journal articles.

She is passionate about the empowerment of women and in 2015 wrote "Evolving Women" – a psycho-social systems based exploration of women and their evolution and empowerment while operating within dominant male power structures and energetic regimes. A book for women of all ages.