

Rural Health Initiative

LIVING WELL WITH ARTHRITIS



The Rural Health Initiative will deliver a series of health education sessions to NSW rural communities, co-run with local organisations.

BATHURST SEMINAR: 12 JULY 2018

VENUE

Bathurst RSL Club, 114 Rankin Street Bathurst

TIME

9:30am morning tea, seminar 10:00am to 12noon

ARTHRITIS NSW PRESENTATION

Andrew Cairns - Health Services Manager
'Exercise & Nutrition for Arthritis'

CO-PRESENTERS

Central West Women's Health Centre
Erica Pitman 'Living Well with Chronic Illness'

For more information phone 02 9857 3300

Arthritis Infoline
1800 011 041
arthritismsw.org.au

 **Arthritis**
NEW SOUTH WALES
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