

Walk in the Park

NSW Women's Week 2020



EVENT DETAILS

DATE

Monday 2nd March 2020

Time

Yoga - 9.30am for a 9.45am start

Morning Tea – 10.30am

Walk – 11am

VENUE

Macquarie River Bicentennial
Park

Cnr William St and Stanley St,
Bathurst

COST

Free (BYO yoga mat – limited
numbers available to borrow)

RSVP by 24 February 2020

T: 6331 4133

E: information@cwwhc.org



Supported with funding from
NSW Government & NSW
Ministry of Health (WLHD)



Women of Bathurst

Join us for a Walk in the Park.

The morning will begin with a Yoga session
(suitable for all levels) facilitated by Susan
Douglas in the beautiful natural setting,
followed by morning tea (provided by the CWA),
and conclude with a pleasant stroll around
the Macquarie River



In collaboration with the Family Violence Community Action
Network, CWWHC is running a week-long program of events to
celebrate NSW Women's Week

NSW Women's Week begins on Monday, 2nd March and
concludes on International Women's Day – Sunday, 8th March
2020



International Women's Day

#EachforEqual



For more information contact us on 02 6331 4133
www.cwwhc.org.au