

THE RAINBOW EXPRESS

*A series of creative workshops where
LGBTIQA+ young folk can
meet, make, and share.*



SESSION DETAILS

WHEN: Workshops will be held
on Thursday afternoons from
4pm to 6pm starting 12 March

DATES: 12 March, 19 March, 26
March, 2 April, 9 April

BREAK FOR SCHOOL HOLIDAYS

DATES: 30 April, 7 May, 14
May, 21 May, 28 May

TIMES

4 pm to 6 pm

VENUE

Central West Women's
Health Centre
20 William Street
Bathurst

COST: Free

Light refreshments provided

TO REGISTER

Contact: Ann-Marie Brittain
Health Promotion Worker
T: 6331 4133
E: healthed@cwwhc.org.au

The Rainbow Express is a 10-session group for young people of diverse sexuality, sex or gender who are 16 to 25 years of age. You can come along to the group if you identify as LGBTIQA+, or if you are questioning your gender, sexuality or sexual identity. You can come to a few sessions, or to all of them.

Each week we'll learn a different craft, and chat about a different topic. It will be pretty flexible, and you can choose to share your thoughts or listen to what others have to say, and we'll have info available for you to take home if you'd prefer. **The Rainbow Express** is an opportunity to hang out and make stuff with like-minded folk in a friendly and safe place.

If you, your parents or people who care for you have any questions, you/they can call us on 6331 4133 or email healthed@cwwhc.org.au.

The Rainbow Express is a social group and not a group counselling session. While we are unable to provide counselling during these workshops, we can link you in with information and services, both in Bathurst and online.



Country Arts Support Program



This project has been made possible with funding from Country Arts Support Program and Westfund Community Grants Program.